





























**DISHES AND THEIR ALLERGEN CONTENT – COWSHED LIVERPOOL** - \* Indicates the food has been fried where said allergen has also been present

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
THREE CHEESE GARLIC & TRUFFLE BREAD	X	X		X (Traces)			X						X (Traces)	
SESAME HALLOUMI BITES		X		X			X					X	X	
BILTONG/JERKY														
ROCKET AND PARMESAN GARNISH		Traces in mustard		X Parmesan			X		X				X (Dressing)	X
CAULIFLOWER "STEAK"													X (Oil in relish)	
FRIES		*										*	X (Oil)	
SWEET POTATO MASH														
WAFFLES & EGGS		*		X								*	X (Oil)	
SAVOY CABBAGE							X							
GARLIC MUSHROOMS WITH TRUFFLE BUTTER							X						X (Oil)	
BUTTERNUT SQUASH				X Parmesan			X							

**DISHES AND THEIR ALLERGEN CONTENT – COWSHED LIVERPOOL** - \* Indicates the food has been fried where said allergen has also been present

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
THREE CHEESE GARLIC & TRUFFLE BREAD	X	X		X (Traces)			X						X (Traces)	
SESAME HALLOUMI BITES		X		X			X					X	X	
BILTONG/JERKY														
ROCKET AND PARMESAN GARNISH		Traces in mustard		X Parmesan			X		X				X (Dressing)	X
CAULIFLOWER "STEAK"													X (Oil in relish)	
FRIES		*										*	X (Oil)	
SWEET POTATO MASH														
WAFFLES & EGGS		*		X								*	X (Oil)	
SAVOY CABBAGE							X							
GARLIC MUSHROOMS WITH TRUFFLE BUTTER							X						X (Oil)	
BUTTERNUT SQUASH				X Parmesan			X							