## DISHES AND THEIR ALLERGEN CONTENT - COWSHED LIVERPOOL

\*Indicates the food has been fried where said allergen has also been present.

\*\*Indicates the food has an ingredient that may contain said allergen, as per packaging.

DISHES						Lupir	Milk		MUSTARD			SSAM		Beer WINE		
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Onion	Garlic
GARLIC, GOAT'S CHEESE BREAD		X					X			X	**					X
CHILLI & GARLIC PRAWNS	**	x	X	x			*		** (DIP)	**	**	**	X (OIL & DIP)	x		x
SESAME HALLOUMI BITES	** (DIP)	X ** (DIP)	*	x			x		** (DIP)	** (DIP)	** (DIP)	X ** (DIP)	X (OIL & DIP)	x		X (DIP)
ROCKET AND PARMESAN GARNISH				X Parmesa n			X Parmesan		X					X (Dressing)		
CAULIFLOWER	**	(CRISP)	* (CRISP)	(CRISP)			(CRISP)		**			(CRISP)	X (Oil)		x	
FRIES		*	*	*			*					*	X (Oil)			
WAFFLES & EGGS		*	* (Waffles)	* X			*					*	X (Waffles - Oil)			
SWEET POTATO MASH																
SAVOY CABBAGE							X (CREAM & CHORIZO						X (CHORIZO)			X
GARLIC MUSHROOMS WITH TRUFFLE BUTTER							x									x
CARROT & RED ONION							X								X	

Reviewed by: Andy, Lee & Rob



You can find this template, including more information at www.food.gov.uk/allergy

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DISHES						lupir Flour	Milk		MUSTARD			SSAM		Beer WNE		
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Onion	Garlic
PEPPER SAUCE		X			X		X		X						X	
BLUE CHEESE SAUCE							Х								X	
BEARNAISE		X		x			X		X					X		
RED WINE & BONE MARROW GRAVY														х	X	
BOURBON BBQ		X												X	X	X
STICKY TOFFEE PUDDING	**	X		X			X		**							
PANNA COTTA	**	X (CRUMB)		X (CRUMB)			Х		**					X		
ICE CREAM				x			X									

